Whiteheath Infant and Nursery School

Welcome to Year 1



Autumn 2026

Tuesday 15th September 2026

Year 1 Meet the Teacher

Classes

Robins

- Teachers: Mrs Ekizou



Doves

- Teacher: Mrs Sokhi



Owls

- Teacher: Miss Vaughan



Year 1 Teaching Assistant:

- Mrs Hope
- Mr Forbes (Aviary)

HLTA (PPA)cover staff

- Mrs Sessions
- Mrs Carter
- Mrs Amos



Transition

- The children have settled into their new classes well
- Pick up - if you would like another adult to collect your child please let the class teacher know and call/email the office.
- Any urgent messages please send via the office as we cannot guarantee we will read it during the day.

Structure of the day

- 8.40 – class door open
- 8.50 – register
- 10.45 – 11.00 morning break (fruit and milk)
- 12.10 - 1.15 lunchtime
- 2.30 - 2.45 afternoon break
- 2.50 - 3.05 assembly
- 3.20 pick up

Reading & Phonics

- Books will be sent home on **Friday**
- Reading at home- The children will be familiar with this book.
- Please keep the book in the wallet and return to school on **Monday**.
- Phonics is taught following the 'Little Wandle' scheme (same as Reception)
- The national phonics screening will take place the second week of June- Further information will come in the Spring term.

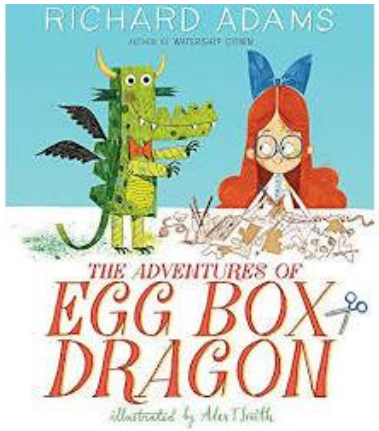


Reading for pleasure

- Work on the prosody of reading (accuracy and automaticity)
- Improve comprehension



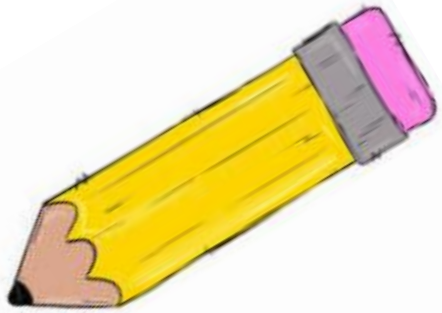
Writing



- Sentences
- capital letters
- full stops
- word spaces
- question mark and exclamation mark
- Using 'and' and introduce other conjunctions
- Using a capital letter for people, places, days of the week and the pronoun 'I'.
- Spelling (tricky words, days of the week, common exception words)
- Prefixes – un
- suffixes – ing, ed, er, est

Handwriting

- Pencil grip
- Lower case letters, starting and finishing in the right place
- Capital letters
- Numbers 0-9
- Cutting skills



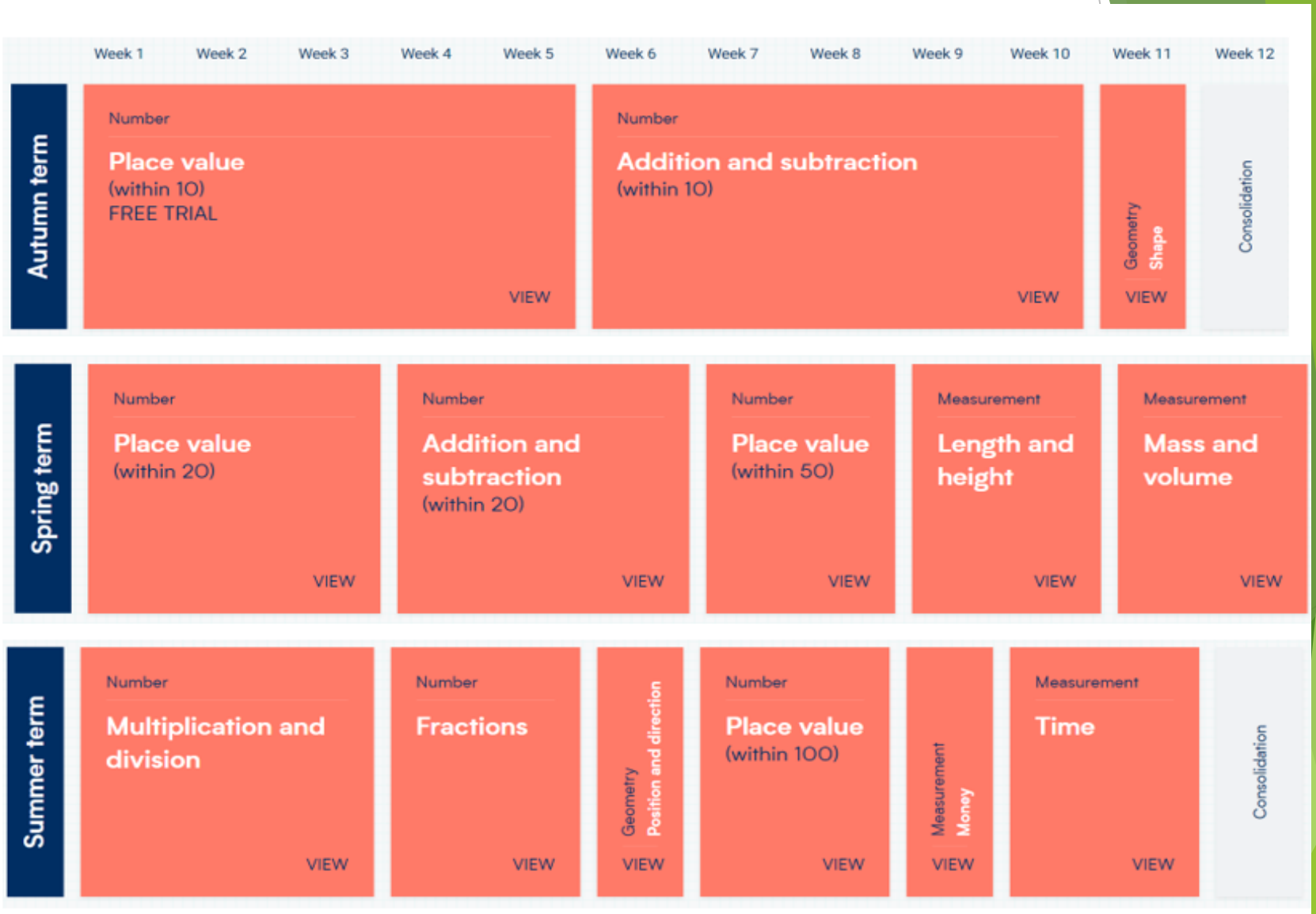
Spellings

- Spellings will start after half-term
- A spelling pack will be sent home before this half term. The children will be tested on that week's spellings every Friday.
- The spellings are taken from Little Wandle and contain tricky words and phonetically taught words.
- The spellings will be tested in order. E.g. set 1 week 1, set 2 week 2.





White Rose Maths



Maths



- Counting- accurately counting objects, counting forwards and backwards, multiples of 2, 5, 10 (including counting money)
- Numbers- read, write and order, place-value, odd and even
- Calculation- Addition and subtraction- by counting on/ back on a number line/ 100 square
- Number facts- doubles and halves, pairs of numbers with totals to 10, then 20
- Money- recognising coins

Maths



- Time- days of the week, months of the year, read the time to the hour and half-hour when ready
- Measurement- non standard measure
- Shape- name common 2D and 3D shapes- look for shapes in the environment
- Position and movement- full turn, half turn, quarter turn, link to simple fractions



Physical Education

- Robins PE – Monday
- Doves PE – Tuesday
- Owls PE- Thursday
- Please ensure your child comes into school wearing their PE kit (white T-Shirt and shorts, jogging bottoms and sweatshirt).
- We recommend comfortable trainers.
- Long hair should be tied up and earrings removed (covered by tape if newly pierced)
- Next half term there will be an additional PE lesson on Wednesdays instead of Forest School.

Dimensions curriculum



Whiteheath Infant and Nursery School

PATHFINDERS THEME CYCLE 2026-27

	YEAR 1 / PATHFINDER 1	YEAR 2 / PATHFINDER 2	THE FOUR SEASONS PROJECT
Theme 1 03.09.26 – 26.10.26	**'Happily Ever After'** *Fairy Tales*		**Autumn**
NC Essentials 03.11.26 – 20.11.26	**'Never Eat Shredded Wheat'** *Geography*		
Competency Units 23.11.26 – 18.12.26	**'Jurassic Hunter'** *The Story of Mary Anning*		**Winter**
Christmas Focus 14.12.26 -18.12.26			
Theme 2 04.01.27 – 12.02.27	**'Unity in the Community'** *Where I Belong*		**Spring**
Theme 3 22.02.27 - 25.03.27	**'Come Fly With Me!'** *Arctic Circle*		
Competency Units 12.04.27 – 30.04.27	**'Children's Champion'** *The Story of Thomas Bernardo*		**Summer**
Competency Units 03.05.27 – 28.05.27	**'Powhatan People'** *The Story of Pocahontas*		
Theme 4 07.06.27 – 22.07.27	**'Skip of the Dump'** *Recycling, Light and Materials*		

Year 1 Trips

- Local walks- 12 November 2026.
- Manor farm (history of Ruislip)- 29th of January
- We will have one external (coach) trip to the Chiltern Air Museum on 30th April 2027.
- We also have internal workshops (e.g. a local artist which supports Dimensions), a dance workshop, road safety workshops etc…
- Fundraiser (Children's Champion) Spring 2.
- If you are able to support, please see the office for a DBS check …

Philosophy Bear





- Each week a child will be sent home with philosophy bear.
- Sent home on **Thursday** and bring back into school for the following **Thursday** ready for the next child.



If you could be an animal, which animal would you be and why?

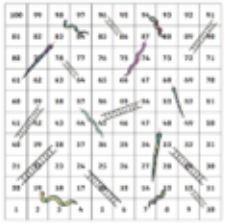


What is your favourite time of year and why?

Homework

Year One- Autumn One Homework Challenges

There are six homework challenges for you to complete this half term (eg. one per week). You can choose which one you do when to suit your families' diary. Tick the box when you have completed the activity. Please send in your completed challenges on a **Monday** each week and we will return your challenge book on a **Thursday**. Reading Books will be sent home or **Friday** to be returned on **Monday**. Library will be sent home on **Wednesday**, to be returned the following **Wednesday**.

English-. Enjoy listening and sharing fairy tales and traditional stories. Choose one story to write about and draw a picture.  ☐	Design technology- Make a castle out of junk modelling for your favourite fairy tale character.  ☐	Maths- Enjoy playing a game of snakes and ladders.  ☐
Science- Go on a walk and look for signs of autumn.  ☐	Art- Make, paint or draw a character to live in a castle.  ☐	DT: Bake biscuits for Little Red Riding Hood to take to Grandma. We have included a simple recipe but feel free to be creative and bake other goodies if you prefer.  ☐

Further home learning:

RM Easimaths – Log on at least once a week for 10 minutes. We will be checking your progress online and rewarding with Dojo points.

Reading – Try to read every day. This could be your school reading book, your library book or another book you have at home. We also recommend that an adult reads a story to you (e.g. at bedtime) as often as possible.

Please also practise writing your name and surname using the correct letter formation (see letter formation sheet at the back of the book).

Home learning summary

- **Reading books** – sent home Friday, back in school Monday.
- **Homework** – Choose one per week. Sent home Thursday, due in Monday.
- **Philosophy bear** – Sent home Thursday, due in the following Thursday.
- **Spellings** – will be sent home before half term. Weekly tests will be on a Friday starting 6th November 2026
- **Library** – Books sent home Wednesday to be returned Wednesday

How else you can help?

- Please help your child develop skills to change independently- doing up/undoing buttons, turning jumpers the right way, zips
- Name everything!
- Bring a water bottle
- Read our weekly newsletter
- Volunteer for trips

